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INFORMED CONSENT FOR IN-PERSON SERVICES DURING COVID-19 PUBLIC HEALTH CRISIS

This document contains important information about our decision (yours and mine) to resume in-person services in light of the COVID-19 public health crisis. Please read this carefully and let me know if you have any questions.

Decision to Meet Face-to-Face

When appropriate, we can meet in person for some or all future sessions. If there is a resurgence of the pandemic or if other health concerns arise, however, I may require that we meet via telehealth. If you have concerns about meeting through telehealth, we will talk about it first and try to address any issues. If I believe it is necessary, I may determine that we return to telehealth for everyone's well-being.

If you decide at any time that you would feel safer staying with, or returning to, telehealth services, I am happy to do so, as long as it is feasible and clinically appropriate.

Risks of Opting for In-Person Services

You understand that by coming to the office, you are assuming the risk of exposure to the coronavirus.

My Commitment to Minimize Exposure

I have taken steps to reduce the risk of spreading the coronavirus within the office and have posted safety instructions for visitors. These steps include operating a small air filter in the room when we meet as well as venting the air conditioner to the outside rather than recirculating the air. Be aware that this may affect the room temperature — warmer or cooler than usual. On especially hot or cold days, we may want to meet virtually. I will alert you if I think there may be a temperature related problem.

Your Responsibility to Minimize Your Exposure

I ask that you agree to take certain precautions which will help keep everyone safer from exposure to the corona virus. If you have any questions about any of these precautions, please discuss them with me. Before we meet in person, please agree to the following:

- It is your responsibility to know the symptoms of the Corona Virus and to come to an in-person appointment only if you are symptom free.
- If you have been exposed to a person with the virus in the two weeks prior to your appointment we will meet virtually unless you have had a test with a negative result.
- You will take your temperature before coming to each appointment. If it is elevated (100 Fahrenheit or more), or if you have other symptoms of the coronavirus, you agree to cancel

the appointment or proceed using telehealth. We will also take your temperature when you come in.

- **You will bring a cloth to drape the couch or chair when you sit.** Example: towel, sarong, small blanket.
- We are asking that you wait outside or in your car for your appointment, not in the waiting room. There will also be a small bench on the porch that you may use if it is unoccupied. You may enter the building at your appointment time and proceed to my office.
- You must wear a facial cover over your nose and mouth when you enter the building and when in common areas.
- Please wash your hands or use alcohol-based hand sanitizer when you **enter and exit** the building. (Sanitizer will be provided.)
- Keep a distance of 6 feet and do not make physical contact (e.g. no shaking hands).

I may change the above precautions if additional local, state or federal orders or guidelines are published. If that happens, we will talk about any necessary changes.

Your Confidentiality in the Case of Infection

If you have tested positive for the coronavirus, I may be required to notify local health authorities that you have been in the office. If I have to report this, I will only provide the minimum information necessary for their data collection and will not go into any details about the reason(s) for our visits.

Informed Consent

This agreement supplements the general informed consent/business agreement that we agreed to at the start of our work together.

Your signature below shows that you agree to these terms and conditions.

Print

Date

Signature